

Name: \_\_\_\_\_

Date: \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Optomap retinal imaging is an essential component of comprehensive eye care. *This test will be performed today if you are here for your annual eye exam.* The maximum fee to you is capped at \$41.00. If your vision/health plan provides partial or full coverage we will apply it. **Initial here:** \_\_\_\_\_

When was your last physical exam (including blood work)? \_\_\_\_\_ HbA1c \_\_\_\_\_

Name of Primary Care Physician: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Address: \_\_\_\_\_

Your Current: **Height** \_\_\_\_\_ **Weight** \_\_\_\_\_

When was your last comprehensive eye exam? \_\_\_\_\_

**RACE**

American Indian or Alaska Native

Asian

Black or African American

White

Hispanic or Latino

Decline to specify

Native Hawaiian or other Pacific Islander

**ETHNICITY**

Hispanic

Non-Hispanic

Decline to specify

What is your preferred language?

English  Spanish  Chinese  French  Italian  Russian  Portuguese  Other \_\_\_\_\_

Occupation: \_\_\_\_\_ How many years? \_\_\_\_\_ Employer: \_\_\_\_\_

**Social History**

Do you drink alcohol?  No  Occasional  1 Per day  2-3 Per day  4+ Per day

Smoking status:  Non  Current  Light smoker  Moderate smoker  Heavy smoker

Former smoker: When did you quit smoking? \_\_\_\_\_ Do you chew tobacco?  No  Yes

Do you use engage in regular exercise?  No  Yes

Do you use nutritional supplements?  No  Yes

Hobbies / Interest: \_\_\_\_\_

**Visual History**

Computer used?  No  Yes How many hours/day? \_\_\_\_\_ Distance in inches from computer? \_\_\_\_\_

Do you drive?  No  Yes Daily mileage? \_\_\_\_\_

Do you have glare problems?  No  Yes

Do you have visual difficulty when driving?  No  Yes

Do you have problems with night vision?  No  Yes

**Glasses**

Do you currently wear glasses?  No  Yes Since: \_\_\_\_\_

Type of glasses:  Full Time  Part Time  Distance  Close Up/Reading

Glasses Owned:  Single Vision  Bifocals  Trifocals  Backup  Safety  Sports  Progressive

Have you had trouble in the past with glasses?  No  Yes \_\_\_\_\_

Do you wear sunglasses?  No  Yes Are your sunglasses your current prescription?  No  Yes

**Contact Lens History**

Have you ever tried to wear contact lenses?  No  Yes Reason for stopping? \_\_\_\_\_

If you are not a contact lens wearer, are you interested in trying contacts at this time?  No  Yes

Do you currently wear contact lenses?  No  Yes Since: \_\_\_\_\_

Type and brand of contacts: \_\_\_\_\_

How many hours per day? \_\_\_\_\_ How many days per week? \_\_\_\_\_ How long today? \_\_\_\_\_

Cleaner: \_\_\_\_\_ Disinfectant: \_\_\_\_\_ Enzyme: \_\_\_\_\_

**TURN OVER FOR BACK SIDE**

**Medication**

List any drug allergies: \_\_\_\_\_

List allergic reaction: \_\_\_\_\_

List current medications/dosage:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Past surgeries/dates/surgeon:

\_\_\_\_\_  
\_\_\_\_\_

**Eye Disease**

- Amblyopia (lazy eye)
- Blepharitis
- Blindness
- Cataract
- Color Blindness
- Diabetic Retinopathy
- Dry Eye Syndrome
- Eye Injuries
- Glaucoma
- Glaucoma Suspect
- High Risk Medication
- Macular Degeneration
- PVD
- Retinal Detachment
- Strabismus (eye turn)
- Other

**Current Eye Symptoms**

- Glare Sensitivity
- Headaches
- Light Sensitivity
- Tired Eyes
- Burning
- Dryness
- Epiphora
- Eyelid Swelling
- Eye Pain/Soreness
- Foreign Body Sensation
- Infection of Eye Lid
- Itching
- Mucus
- Ptosis (drooping eyelid)
- Redness
- Sandy or Gritty Feeling
- Other

**Visual Symptoms**

- Blurred Vision Distance
- Blurred Vision Near
- Distorted Vision
- Double Vision
- Flashes of Light
- Floaters or Spots
- Fluctuating Vision
- Loss of Central Vision
- Loss of Side Vision
- Loss of Vision
- Other

**Review of Symptoms**

- |  |  |
|--|--|
| <input type="radio"/> Constitutional Symptoms (fever, weight loss, etc.) | <input type="radio"/> Neurological (multiple sclerosis, etc.)                |
| <input type="radio"/> Ears, Nose, Throat                                 | <input type="radio"/> Psychiatric (anxiety, depression, etc.)                |
| <input type="radio"/> Cardiovascular (heart, hypertension)               | <input type="radio"/> Endocrine (diabetic, hypothyroid, etc.)                |
| <input type="radio"/> Respiratory (asthma, emphysema, etc.)              | <input type="radio"/> Blood/Lymph (anemic, cholesterol, etc.)                |
| <input type="radio"/> Gastrointestinal                                   | <input type="radio"/> Allergic/Immunologic (seasonal allergies, lupus, etc.) |
| <input type="radio"/> Genital, Kidney, Bladder                           | <input type="radio"/> Pregnant   |
| <input type="radio"/> Muscles, Bones, Joints (arthritis, etc.)           | <input type="radio"/> Nursing  |
| <input type="radio"/> Skin (acne, skin cancer, etc.)                     |  |

**Family History** (indicate father, mother, *paternal/maternal* grandmother, *paternal/maternal* grandfather, etc.)

- |  |   |   |
|--|---|---|
| <input type="radio"/> Amblyopia (lazy eye) _____ | <input type="radio"/> Retinal Detachment _____    | <input type="radio"/> Lupus _____           |
| <input type="radio"/> Blindness _____            | <input type="radio"/> Strabismus (eye turn) _____ | <input type="radio"/> Stroke _____          |
| <input type="radio"/> Cataract _____             | <input type="radio"/> Arthritis _____             | <input type="radio"/> Thyroid Disease _____ |
| <input type="radio"/> Color Blindness _____      | <input type="radio"/> Cancer _____                | <input type="radio"/> Other Disease _____   |
| <input type="radio"/> Eye Tumor _____            | <input type="radio"/> Diabetes _____              | <input type="radio"/> Other _____           |
| <input type="radio"/> Glaucoma _____             | <input type="radio"/> Heart Disease _____         |   |
| <input type="radio"/> Glaucoma Suspect _____     | <input type="radio"/> High Blood Pressure _____   |   |
| <input type="radio"/> Macular Degeneration _____ | <input type="radio"/> Kidney Disease _____        |   |